



The latest up-to-date information on changes to the practice, tips, parent and community resources, and more.

JUNE 2020



OB SPEECH OFFICE OPENS 6/15

Next Monday will be the first day in-person therapy sessions resumes for families who are interested. We are taking necessary precautions to ensure a safe and healthy environment for our clients, families, and staff. Some of these precautions include:

- Breaks between clients to allow for sanitation of office surfaces and therapy materials
- Personal Protective Equipment (PPE) used by staff
- Limiting the number of staff in the office at one time and maintaining separate work stations
- Daily temperature and wellness checks of all employees
- Materials used will be limited to items that can easily be disinfected
- All staff must read and sign that they will adhere to our Safe Reopening Plan prior to coming to the office.

TELETHERAPY:

STILL AN OPTION (AND STRONGLY ENCOURAGED!)

Although the Ocean Beach Speech office is reopening, you will still be able to book telehealth sessions. Teletherapy is a safe, convenient method of service delivery that is the best way to ensure we all stay healthy as the city and country reopen.

If your child is currently receiving teletherapy services and you would like to switch to office visits, please let us know.

If you have any questions about getting started or continuing with teletherapy, please don't hesitate to ask!

CHANGES FOR CLIENTS/FAMILIES

In addition to the steps the business is taking as part of our Safe Reopening Plan, we kindly ask that you help us maintain a safe environment by following these guidelines:

- All clients and family members must have their temperatures taken via non-contact thermometer upon arrival.
- Clients must use hand sanitizer or wash their hands in the bathroom prior to the start of the session.
- Clients can be dropped off or be accompanied by one adult.
 - If you would like to drop your child off but still observe the session, the session can be viewed via confidential, real-time video via SimplePractice's telehealth feature.
 - Any adults accompanying a client must wear a facial covering or maintain a six foot distance during the session.
- If you, your child, or anyone in the home has been sick or is demonstrating symptoms of COVID-19, please inform us immediately and cancel any upcoming in-office sessions for at least 14 days.

We will continue to waive cancellation fees, given the cancellation occurs prior to the session's start time. We will do our best to notify you immediately of any changes to the mandated city and state regulations.

We thank you in advance for your patience and support during this time and hope to see some of you again soon!

BOOKING AN APPOINTMENT

The transition to our new billing system, SimplePractice, has been completed. You may have received an email welcoming you to the Client Portal.

To book an appointment yourself, you can click on the link in your email or visit our website at oceanbeachspeech.com and click on "schedule". Your email should already be in the system, so simply click "I'm an existing user" and enter your email address.

Both teletherapy and in-office visits can be booked online.

As always, you may also book an appointment by email or by calling (619) 560-1270.

MEET THE TEAM: QUESTION OF THE MONTH

What is one of your favorite inspirational quotes?



JESSICA

"Do the best you can until you know better. Then when you know better, do better."
-Maya Angelou



RAVYN

"When life gets you down, you know what you gotta do? Just keep swimming, just keep swimming."
-Dory



ASHLEY

"What we think, we become."
-Unknown